Saskatchewan
Health

Continuing Care

Continuing Care Services Directory

Saskatchewan
January 1989

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INTRODUCTION

The Continuing Care Services Directory provides basic information about the programs and services administered by the Continuing Care Branch in Saskatchewan Health. It has been prepared to assist health care professionals and long term care service organizations in making referrals for continuing care services. The directory will also serve as a resource for individuals who require program information for themselves, relatives or friends.

The directory provides a brief description of the home care program, special-care homes program, district coordinating committees, adult day services and the respite care program. The locations and telephone numbers of each special-care home, home care office and district coordinating committee office are listed.

For more information on long term care programs, please contact your local district coordinating committee or the Continuing Care Branch.

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CONTINUING CARE BRANCH

The Continuing Care Branch is responsible for ensuring the provision of supportive, restorative and palliative services to people who cannot manage completely independently. Services range from full-time residential care to the occasional support service in the home, and are designed to maximize the individual's physical, social and psychological levels of independence.

Continuing Care is not a single program delivered by one agency. It is an umbrella of programs and services for the elderly that are provided by many local agencies.

The branch consists of the Special-care Homes and Home Care Sections as well as units that provide specialized services in the areas of administration, management information systems and policy development.

Continuing Care is guided by the following principles:

- A comprehensive range of services should be accessible, as much as possible in or near the individual's community;
- Responsiblity for service delivery should rest at the local level to better respond to needs and priorities;
- Provision of services should be based on an assessment of the individual's functional abilities, health status and the capabilities of family and community to provide assistance;
- Services should promote and respect the individual's autonomy and independence;
- Continuing care should be coordinated with family support and other health, social and housing services to ensure that individuals receive the most appropriate services available;
- Consultation with local service agencies and consumers should be carried out to ensure the cooperative and coordinated development of long term care;
- The role of volunteers in providing physical, psychological and social supports should be fostered;
- Financial incentives to seek a particular service should be minimized.

Continuing Care works with other branches of Saskatchewan Health and government departments such as the Hospital Services Branch and the Saskatchewan Housing Corporation to administer long term care services.

Continuing Care consults with the Saskatchewan Association of Special Care Homes, the Saskatchewan Health-Care Association and the Saskatchewan Home Care Association. Consultation with these agencies involves policy directions, program regulation or other changes affecting special-care homes or home care programs.

Contact: Continuing Care
Saskatchewan Health
3475 Albert Street
Regina, Saskatchewan
S4S 6X6 Telephone: 787-3628

DISTRICT COORDINATING COMMITTEES

District Coordinating Committees (DCC's) are organized on a local basis to assist Saskatchewan residents to appropriately meet their long term care needs.

The primary objectives of DCC's are:

- to provide a single entry point for information on or access to long term care services for local residents;
- to coordinate local long term care services and programs such as those provided by home care, special-care homes, hospitals and housing agencies;
- to provide adequate and standardized assessments of need;
- to priorize applicants in need of long term care;
- to provide referrals and placement recommendations for persons in need of services.

Each committee is composed of representatives from the local special-care home, hospital, home care agency and housing authority. Other local service organizations and professionals such as mental health, public health, consumer groups and therapists may be represented.

Representatives of the DCC are responsible for assessing individual needs and presenting the assessment information to the DCC for evaluation. The DCC can then recommend the most appropriate services to meet the assessed need. DCC's also priorize access to limited resources and coordinate the provision of needed and available services.

DCC's have an appeal mechanism that provides individuals and their families with fair and equitable treatment when recommendations for service placement are made.

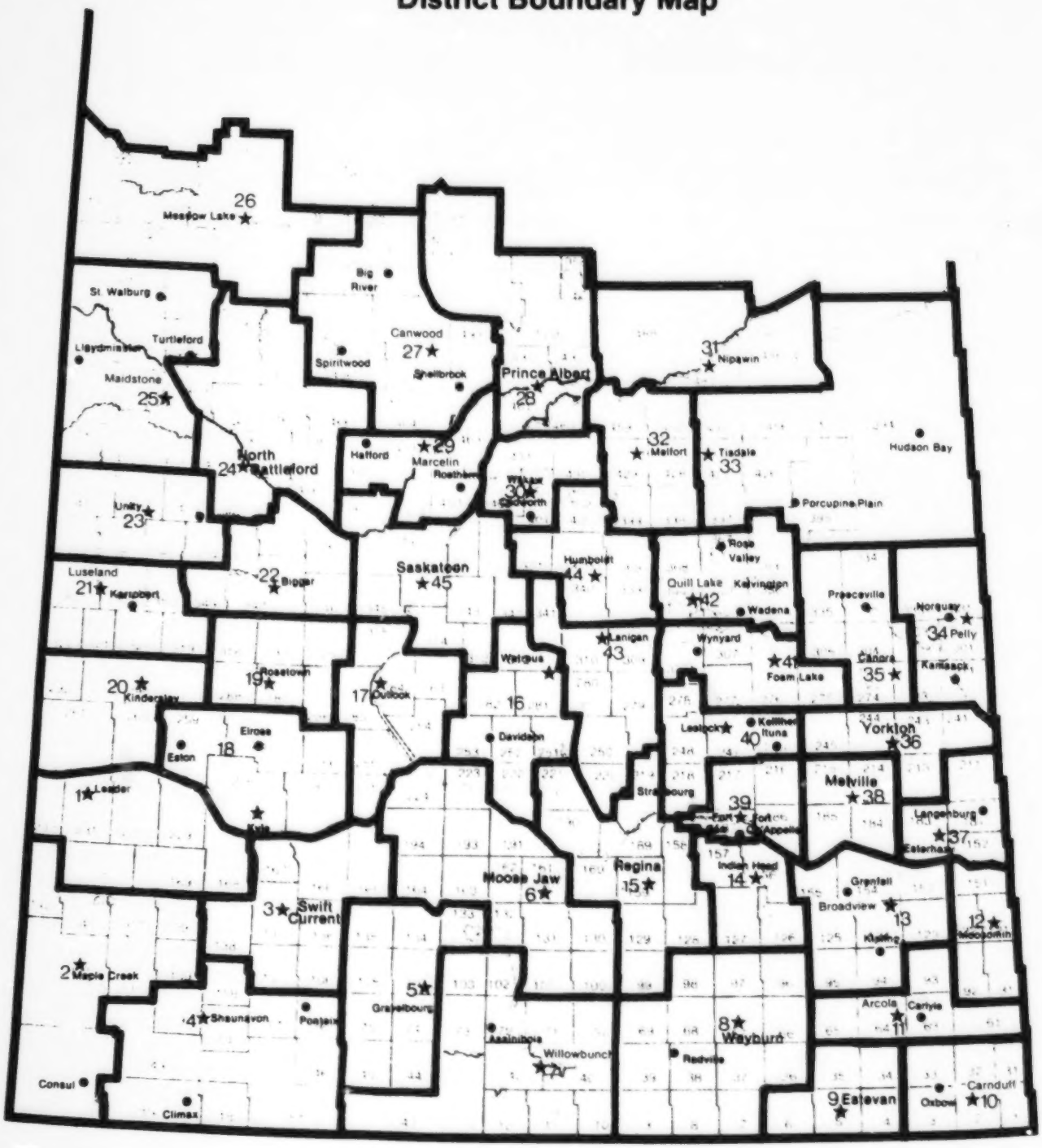
Each DCC works with other DCC's in coordinating services, forwarding referrals and recommending placement. DCC's also play an important role in community education and in developing strategies to meet the long term care needs in local areas.

Persons requiring long term care service information, need assessment or service coordination for themselves or others should contact their local DCC directly.

DCC CENTRES AND TELEPHONE NUMBERS

DCC Centre	Phone Number	DCC Centre	Phone Number
Arborfield	769-8612	Lloydminster (403)	825-7070
Arcola	453-6740	Lucky Lake	858-2116
Assiniboia	642-3311	Macklin	753-2115
Beechy	859-2118	Maidstone	893-2622
Bengough	268-2862	Mankota	478-2200
Big River	469-2333	Maple Creek	662-4112
Biggar	948-3323	Meadow Lake	236-6600
Birch Hills	749-3331	Melfort	752-9511
Broadview	696-2459	Melville	728-2024
Cabri	587-2623	Moose Jaw	694-4357
Canora	563-5685	Mooscmin	435-2326
Carrot River	768-2722	Nipawin	862-9822
Central Butte	796-4632	North Battleford	445-2137
Cudworth	256-3423	Outlook	867-9633
Cut Knife	398-4718	Oxbow	483-2612
Davidson/Watrous	946-3921	Paradise Hill/St. Walburg	248-3202
Dinsmore	846-2165	Pelly	595-2092
Duck Lake	467-4440	Ponteix	625-3846
Elrose	378-2882	Porcupine Plain	278-2469
Estevan	634-3604	Prince Albert	922-2605
Esterhazy	745-6700	Quill Lake	383-4124
Eston	962-3250	Redvers	452-6463
Fillmore/Stoughton	457-2552	Regina(RAPS)	359-4242
Foam Lake	272-3338	Rosetown	882-3522
Fort Qu'Appelle	332-6683	Rose Valley	322-2115
Gravelbourg	648-3185	Saltcoats	744-2353
Grenfell	697-2842	Saskatoon (CAU)	934-3344
Gull Lake	672-3366	Shaunavon	295-3242
Hafford	549-2108	Shellbrook	747-2603
Herbert	773-3161	Spiritwood	883-2133
Hudson Bay	865-2566	Stoughton/Fillmore	457-2552
Humboldt	682-2609	St. Walburg/Paradise Hill	248-3202
Indian Head	695-2244	Swift Current	773-2851
Kelvington	327-5151	Tisdale	873-4585
Kerrobert	372-4313	Turtleford	845-2195
Kindersley	463-4944	Unity	228-3788
Kinistino	864-2525	Wakaw	233-5292
Kipling	736-2553	Wadena	338-2515
Kyle	375-2251	Watrous/Davidson	946-3921
Lampman	487-2561	Wawota	739-2400
Langenburg	745-6700	Weyburn	842-6870
Lanigan	365-3400	Whitewood	735-2634
Leader	628-3398	Wilkie	843-2668
Leoville	984-2136	Yorkton	782-2401
Lestock	274-2034		

Saskatchewan Home Care Program
District Boundary Map



Legend

★ Denotes District Office Location

1 — Sand Hills
2 — Grasslands
3 — Wheatland
4 — White Mud
5 — Wood River
6 — Thunder Creek
7 — South Country
8 — Weyburn & Area
9 — Estevan Area
10 — South East
11 — Cannington
12 — Moose Mountain Trail
13 — Pipestone Valley
14 — Squirrel Hills
15 — Wascana
16 — Watrous-Davidson
17 — Outlook & District
18 — Beechy-Eston
19 — Rosetown & District
20 — Wild Goose
21 — West Central
22 — Biggar & District
23 — Greenhead
24 — Battlefords & District
25 — Twin Rivers
26 — North-West
27 — Woodland
28 — Prince Albert Pineland
29 — Country Valley
30 — Wakaw-Cudworth
31 — Nipawin
32 — Melfort
33 — Pasquia
34 — Fort Pelly-Livingstone
35 — Canora
36 — Yorkton
37 — Potash Country
38 — Prairie Land
39 — Qu'Appelle Valley
40 — Touchwood Hills
41 — Yellowhead Emerald
42 — Quill Plains
43 — Lanigan
44 — Humboldt
45 — Saskatoon

THE SASKATCHEWAN HOME CARE PROGRAM

The Saskatchewan Home Care Program, administered under The Home Care Act, offers services to help the elderly, disabled and chronically ill live more independently in their own homes. Home care also supplements the support provided by family caregivers and offers relief when needed.

The program operates in 45 districts throughout the province (see home care district map, page 4). Each district has its own community board responsible for local program coordination and delivery. A home care program also operates in certain communities in Northern Saskatchewan and is administered by the Northern Health Services Branch of Saskatchewan Health.

Each home care district provides the following primary services:

- **nursing.** This service provides skilled nursing care including dressings, the administration of medications and teaching self-care and personal care techniques to clients and families.

- **homemaking.** The homemaking component includes general household cleaning, meal preparation, laundry and assistance with financial management.

- **meals.** This service offers nutritionally balanced meals either at home, or in a central location.

- **home maintenance.** Minor home maintenance required for safety at home is offered under this service.

- **assessment and care coordination.** Trained staff assess the needs of home care applicants and develop plans of care based on assessment information. Home care works closely with district coordinating committees in conducting assessments. Through care coordination, home care staff help to mobilize all community resources that can work with home care services to meet the needs of both the client and the family. Matching clients with volunteers, counselling and providing referral services are part of the care coordination service.

Both the nursing and homemaking components offer personal care for those who need assistance with bathing, dressing, grooming and the supervision of the activities of daily living.

An important home care activity is the development of volunteer programs. Friendly visiting, telephone reassurance, shopping and errand services are examples of the kinds of volunteer activities that home care may develop directly or with other community groups.

Certain urban districts provide physical and occupational therapy, social work and transportation services.

Continuing Care provides annual grants to each district board. Additional funds may be available to assist boards to meet high needs, provide palliative and respite care and relieve pressure on urban hospitals by early hospital discharge planning.

Clients pay a fee for services. Fees vary according to the client's income.

Home Care Contact List

District Name	Office Address	Telephone Number
Sand Hills Home Care District #1 Inc.	Box 392 Leader S0N 1H0	628-3398
Grasslands Home Care District #2 Inc.	Box 759 Maple Creek S0N 1N0	662-3600
Wheatland Home Care District #3 Inc.	300 Central Ave. N. Swift Current S9H 0L5	773-3161
White Mud Home Care District #4 Inc.	Box 490 Shaunavon S0N 2M0	297-2648
Wood River Home Care District #5 Inc.	P.O. Box 1048 Gravelbourg S0H 1X0	648-2234
Thunder Creek Home Care #6 Inc.	637 Main St. N. Moose Jaw S6H 0W6	694-0612
South Country Home Care District No. 7 Inc.	P.O. Box 96 Willow Bunch S0H 4K0	473-2221
Weyburn & Area Home Care District 8 Inc.	28-4th Street N.E. Weyburn S4H 0X7	842-6870

District Name	Office Address	Telephone Number
Estevan Area Home Care District 9 Inc.	106 Souris Ave. N. Estevan S4A 1J6	634-7337
South East Home Care District 10 Inc.	Box 669 Carnduff S0C 0S0	482-5120
Cannington Home Care District 11 Corporation	Box 670 Carylyle S0C 0R0	453-6740
Moose Mountain Trail District No. 12 Home Care Corporation	Box 860 1009 B South Front St. Moosomin S0G 3N0	435-3888
Pipestone Valley Home Care District #13 Corporation	Box 667 Broadview S0G 0K0	696-2500
Squirrel Hills Home Care District #14 Incorporated	Box 685 601 Grand Avenue Indian Head S0G 2K0	695-2244
Wascana Home Care District #15	1101 Kramer Blvd. Regina S4S 5W4	586-0355
Watrous-Davidson District #16 Home Care Corporation	Box 927 Watrous S0K 4T0	946-3921
Outlook District No. 17 Home Care Inc.	Box 1100 Outlook S0L 2N0	867-9633
Beechy-Eston District 18 Home Care Inc.	P.O. Box 68 Kyle S0L 1T0	375-2400
Rosetown & District 19 Home Care Inc.	Box 624 Rosetown S0L 2V0	882-4175

District Name	Office Address	Telephone Number
Wild Goose District 20 Home Care Inc.	Box 147 605 Main Street Kindersley S0L 1S0	463-4944
West Central District 21 Home Care Inc.	Box 455 Luseland S0L 2A0	372-4313
Biggar and District #22 Home Care Inc.	Box 1551 113 - 3rd Ave. E Biggar S0K 0M0	948-3379
Greenhead District No. 23 Home Care Corporation	Box 1538 Unity S0K 4L0	228-3788
Battlefords & District #24 Home Care Inc.	891 - 99th Street North Battleford S9A 0N8	445-3795
Twin Rivers Home Care Inc.	Ste. D 3830 - 43rd Ave Lloydminster, Sask. S9V 1Y3	(403) 825-7070
North-West Home Care #26 Inc.	Box 121 Meadow Lake S0M 1V0	236-6600
Woodland District 27 Home Care Services Inc.	Box 130 Canwood S0J 0K0	468-2290
Prince Albert Pineland District No. 28 Home Care Inc.	196 - 9th Street E. Prince Albert S6V 0X5	922-2969
Country Valley Homecare, District #29 Inc.	Box 156 Marcelin S0J 1R0	226-2028
Wakaw-Cudworth District 30 Home Care Inc.	Box 434 Wakaw S0K 4P0	233-5292

District Name	Office Address	Telephone Number
Nipawin & District Home Care 31 Inc.	Box 55 210 - 2nd St. W. Nipawin S0E 1E0	862-9822
Melfort and District Home Care #32 Inc.	Box 3066 Melfort S0E 1A0	752-9511
Pasquia Homecare District #33 Inc.	Box 1525 Tisdale S0E 1T0	873-5950
Fort Pelly-Livingstone District No. 34 Home Care Corp.	Box 189 Pelly S0A 2Z0	595-2092
Canora Home Care District Inc.	Box 868 Canora S0A 0L0	563-5656
Yorkton & District Home Care Board Corp. No. 36	41 Broadway West Box 1057 Yorkton S3N 2X3	782-3003
Potash Country District #37 Home Care Corporation	Box 1570 Esterhazy S0A 0X0	745-6700
Melville and District #38 Home Care Corporation	Box 2348 Melville S0A 2P0	728-5125
Qu'Appelle Valley Home Care District No. 39 Inc.	Box 1790 Fort Qu'Appelle S0G 1S0	332-6683
Touchwood Hills Home Care	Box 279 Lestock S0A 2G0	274-2034
Yellowhead Emerald District #41 Home Care Corporation	Box 458 Foam Lake S0A 1A0	272-3338

District Name	Office Address	Telephone Number
Quill Plains Home Care District No. 42 Inc.	Box 125 Quill Lake S0A 3E0	383-4124
Lanigan Regional Home Care Corp.	Box 339 Lanigan S0K 2M0	365-3400
Humboldt District #44 Home Care Program Inc.	Box 1588 Humboldt S0K 2A0	682-2609
Home Care - Saskatoon District #45 Inc.	#201 - 310 Idylwyld Dr. N. Saskatoon S7L 0Z2	934-2112

THE SPECIAL CARE HOMES PROGRAM

Special-care homes are facilities licensed under The Housing and Special-care Homes Act to provide long term residential care services. Special-care homes include regional care centres and integrated facilities. The majority of special-care homes are locally run by community boards and operate as non-profit corporations.

The objectives of the program are:

- to provide accommodation, programs and services to individuals whose needs can be met more appropriately in a special-care home than in other community settings.

- to restore and/or maintain each resident at an optimal level of functioning and wherever possible, to facilitate return to the community.

- to create a home-like atmosphere conducive to the exercise of individual rights and liberties within the inherent limitations of a group-living situation.

- to assist individual residents to access community-based programs and services particularly when those services are not available in the special-care home.

- to provide respite care services in the special-care facility to individuals who normally reside in their own homes but who require temporary accommodation as a respite for the family caregiver.

- to provide where possible, other outreach services to community residents who would benefit from a structured program of activities and services for a portion of the day, or who require temporary periods of assessment or convalescence.

- to participate with other community organizations to plan, develop and cooordinate an effective service delivery system for residents of the community as a whole. This would include participation in the assessment and priorization of the unmet needs of individuals in the community, and the establishment of individualized plans to meet those needs.

Special-care homes provide a variety of services that range from a basic program including meals, activities and personal care to a highly specialized program offering 24 hour nursing care, reactivation and rehabilitation. While most homes provide services to individuals with heavy care needs, the extent of services is determined by the physical standards and staffing resources of each home.

Special-care homes are funded through operating grants paid by Continuing Care and from standard resident charges collected by the homes. The resident charge is established under The Housing and Special-care Homes Care and Rates Regulations and is adjusted on a periodic basis.

As of January 1, 1989, Continuing Care licensed 161 special-care homes with a total of 9,630 beds. In addition, 89 community hospitals provide a total of 174 long term care beds and 8 larger hospitals provide 339 long term care beds.

Index of Licensed Special-care Homes (as of January 1, 1989)

Community	Special-care Home and Address	# of Beds	Phone Number	Community Outreach Services
ARBORFIELD	Arborfield Special Care Lodge Inc. Box 402 S0E 0A0	36	769-8757	. Respite Care
ASSINIBOIA	Assiniboia Pioneer Lodge Inc. Box 1388 S0H 0B0	65	642-3311	
ASSINIBOIA	Ross Payant Nursing Home Box 1388 S0H 0B0	63	642-3304	
BALCARRES	Parkland Lodge Corporation S0G 0C0	35	334-2677	
BATTLEFORD	The Battlefords Regional Care Centre P.O. Box 69 S0M 0E0	177	937-2628	. Respite Care
BENGOUGH	Twilight Centennial Home Inc. Box 399 S0C 0K0	28	268-2058	
BIGGAR	Diamond Lodge Co. Ltd. S0K 0M0	60	948-3385	
BIG RIVER	Lake-Wood Lodge Inc. Box 760 S0J 0E0	30	469-2333	. Respite Care

Community	Special-care Home and Address	# of Beds	Phone Number	Community Outreach Services
BIRCH HILLS	Birch Hills and District Nursing Home Inc. (Birchview Nursing Home) Box 578 S0J 0G0	30	749-2288	
BROADVIEW	Broadview and District Centennial Lodge Box 670 S0G 0K0	36	696-2459	
CABRI	*	12 (A)		
CANORA	Gateway Lodge Inc. Box 1387 S0A 0L0	78	563-5685	
CANWOOD	Whispering Pine Place Box 418 S0J 0K0	30	468-2900	. Respite Care
CARLYLE	Moose Mountain Lodge Company Inc. Box 729 S0C 0R0	36	453-2434	. Respite Care
CARNDUFF	The Border-Line Housing Company (1975) (Sunset Haven) Box 250 S0C 0S0	68	482-3424	
CARROT RIVER	Pasquia Special Care Home Inc. S0E 0L0	38	768-2725	. Respite Care
CENTRAL BUTTE	Central Butte & District Regency Manor Inc. Box 430 S0H 0T0	30	796-4338	
CUDWORTH	Cudworth Nursing Home Box 190 S0K 1B0	29	256-3423	
CUPAR	Cupar and District Nursing Home Inc. (Shalom) Box 310 S0G 0Y0	48	723-4666	

Community	Special-care Home and Address	# of Beds	Phone Number	Community Outreach Services
CUT KNIFE	Cut Knife and Districts Special Care Home Inc. Box 220 S0M 0N0	30	398-4718	. Respite Care
DALMENY	Dalmeny Home for the Aged Box 190 S0K 1E0	36	254-2101	
DAVIDSON	Arm River Housing Corporation (Prairie View Lodge) Box 756 S0G 1A0	37	567-3111	. Respite Care
DINSMORE	Dinsmore Union Hospital/ Prairie Manor Health Care Centre * Box 219 S0L 0T0	12	846-2222	. Respite Care
DUCK LAKE	Duck Lake & District Nursing Home Inc. (Goodwill Manor) Box 26 S0K 1J0	30	467-4440	. Respite Care
EASTEND	Wolf Willow Lodge Ltd. Box 490 S0N 0T0	24	295-3534	
ELROSE	Golden Years Lodge Box 130 S0L 0Z0	30 (A)	378-2355	
ESTERHAZY	Centennial Special Care Home Box 310 S0A 0X0	60	745-2323	. Respite Care
ESTEVAN	Souris Valley Housing Company (Creighton Lodge) 1028 Hillcrest Drive S4A 1Y7	27	634-4154	

Community	Special-care Home and Address	# of Beds	Phone Number	Community Outreach Services
ESTEVAN	Estevan Regional Nursing Home 1921 Wellock Road S4A 2B5	80	634-3275	
ESTON	Jubilee Lodge Inc. Box 667 S0L 1A0	35	962-3215	
FILLMORE	Fillmore Union Health Centre* S0G 1N0	13	722-3281	. Respite Care
FOAM LAKE	Foam Lake Jubilee Home Box 460 S0A 1A0	54	272-4141	. Respite Care
FORT QU'APPELLE	Qu'Appelle Valley Housing Corporation (Echo Lodge) S0G 1S0	51	332-4300	. Respite Care
GAINSBOROUGH	Gainsborough & Area Health Centre * S0C 0Z0	12	685-2277	. Respite Care
GOODSOIL	L. Gervais Memorial Health Centre * S0M 1A0	12	238-2100	. Respite Care
GRAVELBOURG	Foyer D'Youville Home Bag Service #50 S0H 1X0	50	648-3185	. Adult Day Centre - day services for the memory impaired
GRENFELL	Grenfell and District Pioneer Home Box 760 S0G 2B0	39	697-2842	. Respite Care
GULL LAKE	Gull Lake and District Special Care Home Ltd. Box 539 S0N 1A0	36	672-3366	. Respite Care

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
HAFFORD	Hafford and District Nursing Home Box 130 S0J 1A0	15	549-2126	
HERBERT	Herbert Nursing Home Inc. Box 520 S0H 2A0	55	784-2661	. Respite Care
HERBERT	Herbert Senior Citizens Home Box 10 S0H 2A0	32	784-3167	
HUDSON BAY	Hudson Bay Pioneer Lodge Box 940 S0E 0Y0	23	865-2566	
HUMBOLDT	Humboldt and District Housing Corporation (St. Mary's Villa) Box 1360 S0K 2A0	101	682-2628	. Respite Care . Adult Day Centre
INDIAN HEAD	Golden Prairie Home Ltd. Box 250 S0G 2K0	47	695-3636	. Respite Care
INVERMAY	Gateway Lodge Inc. c/o Box 1387 Canora, Sakatchewan S0A 0L0	20	593-2127	. Respite Care
ITUNA	Ituna and District Pioneer Lodge Box 430 S0A 1N0	36	795-2683	
KAMSACK	Kamsack Senior Housing Ltd (Eaglestone Lodge) S0A 1S0	25	542-2620	

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
KAMSACK	Kamsack and District Nursing Home S0A 1S0	62	542-2676	
KELVINGTON	Kelvindell Lodge Company Box 280 S0A 1W0	46	327-5151	. Respite Care
KERROBERT	Buena Vista Lodge Box 440 S0L 1R0	28	834-2463	
KERROBERT	Pioneer Haven Co. Ltd. Box 650 S0L 1R0	30	834-5255	
KINDERSLEY	Kindersley Senior Care Inc., Heritage Manor Box 1179 S0L 1S0	80	463-6401	. Respite Care
KINISTINO	Kinistino and District Housing Corporation (Jubilee Lodge) Box 370 S0J 1H0	36	864-2851	
KIPLING	Willowdale Lodge Care Home Box 537 S0G 2S0	26	736-2218	
KYLE	Kyle and District Health Care Centre * S0L 1T0	12	375-2251	. Respite Care
LAMPMAN	Lampman Community Health Care Centre * Box 10 S0C 1N0	19	487-2561	. Respite Care
LANGENBURG	Centennial Special Care Home Box 9 S0A 2A0	46	734-2232	. Adult Day Centre . Respite Care
LANGHAM	Langham Senior Citizens Home Ltd. S0K 2L0	28	283-4210	

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
LANIGAN	Central Parkland Lodge Box 459 S0K 2M0	35	365-3015	
LEADER	Western Senior Citizens Home Box 69 S0N 1H0	36	628-3565	
LEROY	LeRose Lodge Box 280 S0K 2P0	26	286-3331	
LEOVILLE	Evergreen Health Centre* Box 160 S0J 1N0	12	984-2136	. Respite Care
LLOYDMINSTER	Lloydminster and District Senior Citizens' Lodge (Jubilee Home) 3902 - 45th Avenue Box 2190 S9V 1R6	50	(403) 825-2132	. Respite Care
LOON LAKE	*	12(A)		
LUCKY LAKE	Lucky Lake Community Health Care Centre * Box 250 S0L 1Z0	12	858-2133	. Respite Care
LUMSDEN	Lumsden & District Heritage Home Inc. Box 479 S0G 3C0	30	731-2247	. Respite Care
MACKLIN	Unimac Pioneers Lodge S0L 2C0	25	228-2744	
MAIDSTONE	Pine Island Lodge Ltd. Box 40 S0M 1M0	27	893-2223	
MANKOTA	Prairie View Health Centre * S0H 2W0	12	478-2200	. Respite Care
MAPLE CREEK	Cypress Lodge Corp. Box 878 S0N 1N0	61	662-2671	. Respite Care

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
MEADOW LAKE	Northland Pioneers Lodge Box 40 S0M 1V0	55	236-5812	. Respite Care
MELFORT	Melfort and District Pioneer Lodge Box 5000 S0E 1A0	40	752-2130	
MELFORT	Melfort and District Pioneer Lodge (Nirvana Pioneer Villa) Box 5000 S0E 1A0	60	752-2116	
MELFORT	Parkland Regional Care Centre Box 2260 302 Bemister Ave. E. S0E 1A0	120	752-2767	. Respite Care
MELVILLE	St. Paul Lutheran Home Box 1390 S0A 2P0	154	728-4591	
MIDDLE LAKE	Bethany Pioneer Village Box 8 S0K 2X0	36	367-2033	
MONIMART	*	12(A)		
MOOSE JAW	Extendicare Ltd. 1151 Coteau St. W. S6H 5G5	127	693-5191	
MOOSE JAW	Ina Grafton Gage Home 200 Iroquois St. E. S6H 4T3	39	692-4882	
MOOSE JAW	Pioneers Housing Association of Moose Jaw 1000 Albert Street S6H 2Y2	103	693-6711 692-6711	. Respite Care
MOOSE JAW	St. Anthony's Home 525 - 7th Ave. S. E. Box 1000 S6H 4P7	149	692-7874	. Adult Day Centre

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
MOOSOMIN	Eastern Saskatchewan Pioneer Lodge 405 Windover Ave. Box 858 S0G 3N0	22	435-2326	
MOOSOMIN	Eastern Saskatchewan Pioneer Lodge (Nursing Home) 405 Windover Ave. Box 858 S0G 3N0	46	435-2100	. Respite Care
NIPAWIN	Nipawin District Nursing Home Inc. (Pineview Lodge) Box 2105 S0E 1E0	66 +40(A)	862-9828	. Respite Care . Adult Day Centre
NOKOMIS	The Nokomis Health Centre * S0G 3R0	12	528-2216	. Respite Care
NORQUAY	Gateway Lodge Inc. c/o Box 1387 Canora, Saskatchewan S0A 0L0	20	594-2276	. Respite Care
NORTH BATTLEFORD	The Battlefords River Heights Lodge Corporation 2001 - 99th St. Box 657 S9A 0S3	142	445-5951	. Respite Care
NORTH BATTLEFORD	Societe Joseph Breton Inc. (Villa Pascal) 1301 - 113th St. S9A 3K1	40	445-8465	
OUTLOOK	Outlook and District Pioneer Home Inc. Box 369 S0L 2N0	52	867-8321	

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
PONTEIX	Foyer St. Joseph Nursing Home Box 450 S0N 1Z0	30	625-3810	
PONTEIX	Ponteix Housing Co. Ltd. (The Manor) Box 148 S0N 1Z0	18	625-3511	
PORCUPINE PLAIN	Red Deer Nursing Home Box 70 S0E 1H0	36	278-2233	
PREECEVILLE	Preeceville Lions Housing Corporation Ltd. (Lions Lodge) Box 348 S0A 3B0	30	547-3112	
PRINCE ALBERT	Mont St. Joseph 125 - 25th St. E. S6V 1S6	81	764-2856	
PRINCE ALBERT	Northern Housing Development (1973) Inc., Herb Bassett Home 1220 - 25th St. W. S6V 7P7	144	764-7777	. Adult Day Centre-regular services and services for the memory impaired
PRINCE ALBERT	Northern Housing Development (1973) Inc., Pineview Terrace 1220 - 25th St.W. S6V 7P7	53	764-7777	
RABBIT LAKE	Rabbit Lake Integrated Facility * S0M 2L0	12	824-2020	. Respite Care
RADVILLE	Marian Home Box 310 S0G 2G0	49	869-2254	

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
REDVERS	Redvers Centennial Haven Box 238 S0C 2H0	24	452-3331	
REGINA	Extendicare Parkside 4540 Rae Street S4S 3B4	228	586-0220	
REGINA	Extendicare Rae 4125 Rae Street S4S 3A5	65	586-1787	
REGINA	Extendicare Sunset 260 Sunset Drive S4S 2S3	152	586-3355	
REGINA	Martin Luther Nursing Home Inc. 5161 Sherwood Drive S4R 4C1	22	543-0288	
REGINA	Regina Lutheran Home 1925 - 5th Ave. N. S4R 7W1	91	543-4055	. Respite Care
REGINA	Regina Pioneer Village Ltd. 430 Pioneer Drive S4T 6L8	508	757-5646	. Respite Care . Adult Day Centre - Services for the memory impaired
REGINA	Santa Maria Senior Citizens Home 4215 Regina Avenue S4S 0J5	162	584-5566	. Respite Care
REGINA	The Qu'Appelle Diocesan Housing Company (Qu'Appelle House) 1425 College Avenue S4P 1B4	34	522-0335	
REGINA	The Salvation Army William Booth Special-care Home 50 Angus Road S4R 8P6	105	543-0655	. Respite Care . Adult Day Centre

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
REGINA	United Church Housing Corporation of Regina (Mutchmor Lodge & Hewitt Place) 328 Century Cres. S4T 6M1	70	522-4808	
ROSETOWN	Rosetown Union Hospital, Nursing Wing Box 850 S0L 2V0	22	882-2672	
ROSETOWN	Wheatbelt Centennial Lodge Inc. Box 250 S0L 2V0	28	882-3567	
ROSE VALLEY	Rose Valley Integrated Care Facility Inc. * S0E 1M0	12	322-2115	. Respite Care
ROSTHERN	Mennonite Home for the Aged Box 790 S0K 3R0	43	232-4353	. Respite Care
ROSTHERN	Mennonite Nursing Home Incorporated Box 370 S0K 3R0	68	232-4861	
ST. WALBURG	Lakeland Lodge Inc. Box 70 S0M 2T0	28	248-3677	
SALTCOATS	Lakeside Manor Care Home Inc. Box 340 S0A 3R0	30	744-2353	. Respite Care
SASKATOON	Central Haven Personal Care Home 1020 Avenue I North S7L 2H7	60	665-6180	. Respite Care

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
SASKATOON	Circle Drive Personal Care Home Inc. 3055 Preston Ave. South S7K 7L2	50	955-4800	
SASKATOON	Convent of Sion 333 Acadia Drive S7H 3V5	16	374-9566	
SASKATOON	Del Haven Lodge 316 - 4th Ave. N. S7K 2L7	52	653-2867	
SASKATOON	Elmwood Residences Ltd. (Kinsmen Elmwood Lodge) 2012 Arlington Avenue S7J 2H5	50	374-5151	
SASKATOON	Extendicare 2225 Preston Ave. S7J 2E7	82	374-2242	
SASKATOON	Jubilee Residences Inc., Porteous Lodge 833 Ave. P North S7L 2W5	134	382-2626	
SASKATOON	Jubilee Residences Inc., Stensrud Lodge 2202 McEown Avenue S7J 3L6	100	373-5580	
SASKATOON	Lutheran Sunset Home 1212 Osler Street S7N 0T9	129	652-8566	. Respite Care . Luther Seniors Centre - day services for the memory impaired
SASKATOON	Oliver Lodge 1405 Faulkner Cres. S7L 3R5	121	382-4111	. Respite Care . Adult Day Centre
SASKATOON	Parkridge Centre 110 Gropper Crescent S7M 5N9	238	978-2333	. Respite Care . Adult Day Centre

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
SASKATOON	St. Ann's Senior Citizens' Village Corporation 2910 Louise St. S7J 3L8	80	374-8900	
SASKATOON	St. Joseph's Home for the Aged 33 Valens Drive S7L 3S2	85	382-6306	
SASKATOON	Saskatoon Convalescent Home 101 - 31st St. W. S7L 0P6	60	244-7155	
SASKATOON	Sherbrooke Community Centre 301 Acadia Drive S7H 2E7	326	374-7955	. Respite Care . Adult Day Centre
SASKATOON	Sunnyside Nursing Home 2200 St. Henry Ave. S7M 0P5	106	653-1267	
SASKATOON	The Salvation Army Eventide Home 2221 Adelaide St. S7J 0J6	60	374-5737	
SASKATOON	Ursuline Sisters of St. Angela's Convent 1212 College Drive S7N 0W4	5	653-2134	
SHAUNAVON	South West Community Lodge Inc. 860 Centre S0N 2M0	23	297-2245	
SHAUNAVON	Southwest Nursing Home Inc. 632-2nd St. E. Box 1270 S0N 2M0	40	297-2353	

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
SHELLBROOK	Parkland Housing Company (Parkland Terrace) Box 670 S0J 2E0	36	747-2639	
SPIRITWOOD	Idylwild Senior Citizens Lodge Box 159 S0J 2M0	36	883-2267	. Respite Care
STOUGHTON	Newhope Pioneer Lodge Incorporated Box 38 S0G 4T0	30	457-2552	. Respite Care
STRASBOURG	Last Mountain Pioneer Home S0G 4V0	43	725-3141	. Respite Care
SWIFT CURRENT	Palliser Regional Care Centre Box 1420 S9H 3G6	120	773-8307	
SWIFT CURRENT	Prairie Pioneers Lodge 300 Central Ave. S. S9H 3G3	68	773-7524	
SWIFT CURRENT	Swift Current Nursing Home 700 Aberdeen St. S.E. S9H 3E3	70	773-9371	. Respite Care
THEODORE	Theodore Union Hospital and Heritage Special-care Home * S0A 4C0	12		. Respite Care
TISDALE	Tisdale and District Housing Company Ltd. (Sasko Park Lodge) Box 1330 S0E 1T0	44	873-4585	
TISDALE	Tisdale and District Housing Company Ltd. (Newmarket Manor) Box 2620 S0E 1T0	40	873-5828	

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
TURTLEFORD	Turtle River Nursing Home S0M 2Y0	15	845-2195	
UNITY	Unimac Pioneers Lodge Box 970 S0K 4L0	43	228-2744	
WADENA	Weneeda Park Lodge Box 70 S0A 4J0	46 (A)	338-3275	
WAKAW	Lakeview Pioneer Lodge Housing Company Box 189 S0K 4P0	50	233-4621	. Respite Care
WALDHEIM	Menno Home of Saskatchewan Box 130 S0K 4R0	43	945-2070	
WARMAN	Warman Mennoniten Altenheim S0K 4S0	31	933-2011	
WATROUS	Manitou Lodge Box 10 S0K 4T0	38	946-3718	
WATSON	Quill Plains Centennial Lodge Box 459 S0K 4V0	40	287-3575	
WAWOTA	Wawota & District Special Care Home Inc. Box 99 S0G 5A0	30	739-2400	. Respite Care . Adult Day Centre
WEYBURN	Souris Valley Regional Care Centre P.O. Box 2001 S4H 2L7	310	842-7481	
WEYBURN	Weyburn and District Special Care Homes Corporation; Pioneer Place 704 - 5th Street N.E. S4H 1A3	29	842-5322	

Community	Special-care Home Name and Address	# of Beds	Phone Number	Community Outreach Services
WEYBURN	Weyburn & District Special Care Homes Corp; Weyburn Special Care Home 704 - 5th St. N.E. S4H 1A3	110	842-5322	
WHITEWOOD	Whitewood and District Nursing Home Inc. Box 699 S0G 5C0	30	735-2634	
WILKIE	Wilkie and District Centennial Nursing Home Co. Ltd. S0K 4W0	30	843-2668	
WOLSELEY	Lakeside Home Box 10 S0G 5H0	80	698-2573	. Respite Care
WYNYARD	Wynyard and District Housing Corporation (Golden Acres) Box 190 S0A 4T0	51	554-3312	
YORKTON	Anderson Lodge 150 Independent St. S3N 0S7	81	783-4911	
YORKTON	Yorkton and District Nursing Home Corp. 200 Bradbrooke Dr. S3N 2K5	160	782-2117	. Respite Care

* Integrated facilities.

(A) Beds approved for construction for 1988-89.

THE ADULT DAY PROGRAM

The Adult Day Program offers an organized schedule of health and social services during the day to adults who live alone or with a caregiver in the community. Services are normally offered between 9 a.m. and 5 p.m. each weekday but may be available seven days a week and in the evenings. Participants are not accommodated overnight.

Individuals who require some degree of care or supervision or who are socially isolated are eligible for adult day services. A plan of care, tailored to the assessed needs and interests of each participant, is maintained during the course of attendance in the program.

The objectives of the Adult Day Program are:

- to strengthen levels of independence and capabilities for self-care;
- to manage physical and mental disabilities;
- to provide meaningful activities that are compatible with the participant's interests and that enhance his/her quality of life;
- to create and maintain a supportive and supervised setting for individual participants;
- to monitor the health status of each participant and to provide or seek appropriate intervention when required;
- to work in partnership with other community support services and family caregivers in order to offer an alternative to full-time institutional care;
- to provide support and relief to family caregivers.

Services offered by each program vary according to the participants' needs and availability of community resources. However, all programs provide a basic service package that includes:

- personal care (bathing, toileting, eating and foot and nail care, etc.)
- nursing care including assistance or supervision with prescribed medications, monitoring blood pressure, dressings.
- recreational and educational activities;
- a nutritious noon meal and snacks.

Some programs offer restorative services including therapies and reactivation treatments. A few programs provide specialized behavioural management services to individuals with memory impairments.

Participants pay a standard daily fee for program services. There is a small additional charge if participants use transportation services provided by the program. Continuing Care provides net funds to cover approved costs such as staffing and related operational expenses.

Adult day programs funded by Continuing Care are listed in the index of special-care homes (pps. 12 - 28).

THE RESPITE CARE PROGRAM

This program offers temporary periods of rest and relief to families who are caring for an elderly or disabled person at home.

Respite care services are offered by the home care program and in a number of special-care homes.

The objectives of the Respite Care Program are:

- to provide relief and support to family caregivers
- to strengthen or maintain the participant's health status and functional abilities

Respite in Home Care:

Home care districts provide a trained staff who visits the client's home for a few hours or a few days. This arrangement allows the caregiver time to relax, socialize, perform everyday tasks or take a weekend trip. Crises relief is also available.

At minimum, services include supervision and companionship but may include personal care, meals or home management. Clients pay an hourly rate for respite services received at home.

Respite in Special-care Homes:

A number of special-care homes and integrated facilities designate one or more beds for respite care. Individuals may be admitted for a few days or as long as six weeks. During this time, caregivers have the opportunity to go on vacation, attend to other family business or simply take a break.

Respite residents receive the same services available to the long stay resident of the home, such as nursing, dietary, activity and therapy services. Appropriate services are often recommended to support the individual and caregiver after discharge from the program.

The respite resident pays the standard special-care home resident charge which is prorated for the length of stay in the facility.

Approved respite programs operated by special-care homes are listed in the index of special-care homes (pps. 12 - 28).